# **DR. JULIE RACINE**PROGRAM DIRECTOR

# SARAH MONTGOMERY PROGRAM COORDINATOR

Lazy Eye News is the bi-annual newsletter for the Ohio Amblyope Registry (OAR). It is designed to highlight the services and resources available through the OAR and bring you the latest news in Amblyopia research and treatment.

The Ohio Amblyope Registry is funded by the Ohio Department of Health Bureau of Child and Family Services' Save Our Site Fund, which receives support from a donation opportunity on Ohio license plate renewal forms.

#### Ohio Amblyope Registry www.OhioAmblyopeRegistry.com YOU CAN NOW REGISTER FOR FREE EYE PATCHES ON OUR WEBSITE!

Nationwide Children's Hospital 555 S. 18th St. Ste.AB4008A Columbus, OH 43205 Toll Free 877.808.2422







# **MORE BANG FOR YOUR BUCK**

The Save Our Sight (SOS) program began on April 1, 1999. The objective of the Save Our Sight Fund is to provide early detection of vision problems and the promotion of good eye health and safety. When Ohioans apply for or renew their



license plates, they will be asked if they want to contribute \$1.00 or more to the fund and it will be added to their fee. How far will YOUR donation go?

- Ohio Amblyope Registry (OAR) program is the first and only statewide program in the United States designed to serve the needs of children diagnosed with amblyopia, their families and eye doctors. The OAR provides free treatment supplies (eye patches), educational information and support to any child (under the age of 18) and their family in the state of Ohio diagnosed with amblyopia. Every child, regardless of household income, can receive additional free patches during their patching treatment. The OAR partners with Ohio's Ophthalmologists, Optometrists, and the leading Children's Hospitals across the state of Ohio. Contact the Ohio Amblyope Registry at 877-808-2422.
- Play Hard. Don't Blink. sports eye safety program works with leagues and
  individuals in Ohio to promote the use of protective eyewear to reduce the number
  of sports eye injuries in Ohio's young players. From baseball and softball helmets
  with face masks to sports goggles, including prescription sports goggles, Ohio's
  youth can get the eye injury protection they need to prevent youth sports eye injuries
  at no cost! Contact the Ohio Ophthalmological Society at 614-527-6799.
- Realeyes program is a fun, interactive presentation about eye health and safety, led
  by a local eye doctor at no cost to Ohio schools, health fairs, camps and community
  centers. Each classroom based presentation is age-appropriate and offered for grades
  PreK-8th grade. Contact the Ohio Optometric Association at 800-874-9111.
- Wise About Eyes program includes a large exhibit and a smaller, more portable, kiosk for children to learn about eye health and safety. For the classroom, the exhibits to-go program on vision is available for classrooms from preschool through sixth grade. Classrooms also have the opportunity to request the curriculum Play it Safe with Your Eyes (preschool-six grade) and One Pair of Eyes (seventh – twelfth grade). Contact Prevent Blindness Ohio at 800-301-2020.

### **DID YOU KNOW...**

- Newborns don't produce tears.
   They make crying sounds, but the tears don't start flowing until they are about 4-13 weeks old.
- 2. You blink about 12 times every minute.
- 3. Out of all the muscles in your body, the muscles that control your eyes are the most active.
- 4. It's impossible to sneeze with your eyes open.
- 5. The shark cornea has been used in eye surgery, since its cornea is similar to a human cornea.
- The reason why your nose gets runny when you are crying is because the tears from the eyes drain into the nose.
- 7. Each of our eyelashes has a life span of approximately five months.
- 8. Dogs cannot tell the difference between red and green.
- Camels have three eyelids! This is to protect their eyes from sand blowing in the desert.
- 10. Dolphins sleep with one eye open.



Lazy Eye News

Helping lazy eyes become healthy eyes



**Find Your Way Through** The Maze To The **SNELLEN CHART** 





### **TOP 10 OPHTHALMOLOGISTS**

Dr. Robert Bloom

Dr. Michael Bloom

Dr. Dave Rogers

Dr. Cate Jordan

Dr. Julie Lange

Dr. Richard Golden

Dr. Don Bremer

Dr. Florian Grigorian

Dr. Cybil Cassidy

Dr. William Lawhon

Dayton, OH

Dayton, OH

Columbus, OH

Columbus, OH

Columbus, OH Columbus, OH

Columbus, OH

Mayfield Heights, OH Columbus, OH

Akron, OH

### **TOP 10 OPTOMETRISTS**

Dr. Laura Theimann

Dr. Nahrain Shasteen

Dr. Amy Keller

Dr. Cara Frasco

Dr. Sara Schoeck

Dr. Rachel Watson

**Dr.** Sylvia Jones

Dr. Heath Gilbert

Dr. Brad Bloomberg

Dr. Jon Mesarch

Cincinnati, OH

Toledo, OH

Canal Winchester, OH

Springboro, OH

Cleveland, OH

Columbus, OH

Columbus, OH

Dayton, OH

Youngstown, OH

Logan, OH